

CBHI Therapeutic Mentoring

A therapeutic mentor works one-on-one with a child or youth who, because of their behavioral-health needs, requires support and coaching to learn social skills, including better ways to communicate and get along with others. Services are provided in any setting where the youth resides, such as the home (including foster homes and therapeutic foster homes), and in the other community settings such as school, child care centers, respite settings and other culturally and linguistically appropriate community settings.

Specific areas of support include:

- ~ Structured, one-to-one, strength-based support services for the purpose of addressing daily living, social, and communication needs
- ~ Coaching and training the youth in age-appropriate behaviors, interpersonal communication, problem-solving and conflict resolution, and relating appropriately to other youth and adults
- ~ Designed to support age-appropriate social functioning or ameliorate deficits in the youth's age-appropriate social functioning

Referrals

Through the local Community Support Agencies (CSA), Intensive Care Coordinators, In-Home Therapy Clinicians or Outpatient Therapy Clinicians.

Cost

Service rates are payable under the benefit plans through any of the Managed Care Organizations for Mass Health (MBHP, BMC, Beacon Health Strategies, Network Health, or Neighborhood Health Plan). Private pay rates available.

Contact

FAMILY CONTINUITY
1.866.219.3320