

FAMILY CONTINUITY SERVICES

Community-Based Services



Home-Based Services

(provided through Family Continuity locations below)

9 Centennial Drive
Peabody, MA 01960
978.927.9410

Serving the Greater North Shore area

60 Perseverance Way
Hyannis, MA 02601
508.862.0273

Serving Cape Cod and the Islands

360 Merrimack Street
Lawrence, MA 01840
978.687.1617

Serving the Lowell, Lawrence and Haverhill areas

118 Long Pond Road
Plymouth, MA 02360
508.747.6762

Serving Plymouth County and Southeastern Massachusetts

76 Church Street
Whitinsville, MA 01588
508.234.4181

Serving Worcester County and Blackstone Valley

Family Stabilization Team (FST) is a voluntary home-based service that uses a team approach to provide clinical intervention and support to families in crisis.

- A short-term intensive service in which the clinicians help the child and family, with the frequency of contact being determined by the needs of the client.
- Treatment may include the use of family and individual therapy, behavior charts, and psycho-education regarding diagnosis, medications, parenting issues and other related concerns.
- Works closely with all providers that are involved and can make referrals as needed.
- While planning for termination with FST, the clinicians and family will work together to organize ongoing treatment and establish community supports.
- The Family Stabilization Team can accept referrals from schools, public and private agencies, the courts, and directly from families.

Community Support Program (CSP) is a short-term voluntary program which provides intensive case management services to individuals who are considered to be “at risk” within the community.

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- The Community Support Providers are part of a cohesive multi-disciplinary team providing mobile, flexible support to clients in their community.
- CSP works with clients of all ages, including children and adolescents.
- They work with the client to help focus on his/her strengths, utilize new daily living and coping tools, and achieve his/her life potential.
- The CSP team also works closely with the local Emergency Services to provide continuity in addressing crisis situations for CSP.
- Referrals for this service can be made by families themselves, schools and by providers in the community.

Department of Children & Families Home-Based Program provides intensive home-based services to families referred by DCF.

- Services are provided for three months and are designed to be flexible in order to meet the changing needs of the family.
- Families are often referred for support in transitioning a child home from out-of-home placement or in an effort to avoid placement.
- Families are also referred for adolescent issues and protective concerns. The services are strength-based and are designed to be in partnership with the family and treatment goals are developed that are important to the family, as well as including the issues that resulted in DCF involvement.
- Given the brief nature of this program, there is also a focus on assisting families in making connections to longer term supports within their community.
- A parent mentoring component has been added to enhance the ability to serve families.
- Family Support and Training (Family Partners) service offers one-on-one peer support.
- The DCF Program also provides a program called “Specialing” Services designed to assist with a decrease of out-of-home placements, increase effectiveness of family systems interventions, and increase the use of community resources.
- Given the brief nature of this program, there is also a focus on assisting families in making connections to longer term supports within their community.
- Supervised Visitation for families and children through DCF, Court and private referrals

Wraparound and Flexible Support Services (provided through Family Continuity locations below)

Lynn CASSP
319 Lynnway, Room 307
Lynn, MA 01901
781.477.7997
Serving the Greater Lynn area

Lowell CFCP
391 Varnum Avenue
Lowell, MA 01854
978.620.2528
Serving the Greater Lowell area

Hyannis Flex Program
60 Perseverance Way
Hyannis, MA 02601
508.862.0600
Serving Cape Cod and the Islands

Lawrence Flex Program
360 Merrimack Street
Lawrence, MA 01840
978.687.1617
Serving the Merrimack Valley

Wraparound and Flexible Support is a community-based service development process that identifies services and supports that meet the needs of families and children and are built on individual family's needs, strengths and values. Parents take the lead in designing service plans which represent a balance of formal and informal

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(community and family) resources. Agencies participate in wraparound collaboration and have access to flexible and non-categorical funding. Identified child must be eligible for services through a state agency, or for these services under private insurance or Mass Health, and have a major mental illness.

Wraparound Program. Family Continuity's Wrap Programs are community-based supports that coordinate needed services with families and children with chronic mental illness requiring intensive support. The Wrap Program works with families to identify needs and coordinates flexible services in the community aimed at keeping children at home, out of residential programs and away from hospital care. They also feature:

- ~ Inter-Agency Team. That meets with referred families to identify and implement needs-based services.
- ~ Innovation. Programs frequently pilot cutting-edge treatment interventions.
- ~ Parent Support Specialists. Parents of special needs children partner with Wraparound Directors to provide support to other families.

The Wraparound and Flexible support programs provide:

- ~ Clinical Work. Treatment planning, experienced clinicians work with the child and family providing home- or office-based individual, couples and family therapy, as well as child and parent advocacy.
- ~ Therapeutic Mentoring Services. We provide individual mentoring for children aimed at providing day respite after school and/or on weekends and parenting support. May include art therapy and/or therapeutic horseback riding.
- ~ Community Support Services. We offer free training to schools and other community agencies about mental health issues, including respite care, individual and family assessment, family advocacy and child activity time.

Referrals

Multi-agency-involved families are referred by community social service providers inclusive of special education. Programs are funded through contracts with Massachusetts DMH and will soon be eligible under Mass Health through the Children's Behavioral Health Initiative (CBHI).

Therapeutic Home Care (serving Northeastern Massachusetts)

Centennial Drive, Peabody, MA 01960

Therapeutic Home Care Program (THC) provides flexible therapeutic foster care, as well as intensive community-and home-based services to maintain and strengthen normalized experiences in the community.

- Children and families are referred to the THC through the Department of Mental Health.
- **The Therapeutic Foster Care program** is designed to place children with special needs in therapeutic foster homes with the ultimate goal of reunification with the children's biological family.
- The program is designed to be long-term (approximately 12-24 months) in duration.