

FAMILY CONTINUITY SERVICES

Adolescent Independent Living



SAIL (Supporting and Assisting Independent Living)

23-25 Blaine Avenue
Beverly, MA 01915

SAIL (Supporting and Assisting Independent Living) is a community-based residential program serving at-risk adolescents between the ages of 16 and 22. Referrals are accepted from the Department of Children & Families (DCF) and the Department of Mental Health (DMH).

- It is a coeducational, transitional treatment program to assist adolescents moving to independent living.
- The program is based on a very simple concept: Residents earn increased independence by demonstrating commitment to their individualized treatment plan, following an essential set of responsible activities. They gain independence through work, education and personal responsibilities. They assume responsibility in all life-space areas, including living arrangements, work/school, peer/family relationships, self-care, social/recreational, and money management.
- SAIL has helped many of our adolescents earn their GEDs, graduate from high school, complete Job Corps, serve in the armed forces, and attend college.